

Adaptive Athletes- Scenarios

1. An experienced adaptive athlete (both legs amputated at knees) is strapped in his monoski and travelling down a steep run and the transition to a softer snow area with deep moguls throws him off balance and flips him upside down on the corner of the hill. Both outriggers are tossed aside and skier is unconscious but still breathing. Possible injuries to neck. Passing skier reports the injury at the bottom of the lift- you are summoned on the radio to the scene.
2. An Adaptive athlete is training with his guide on a blue run. He is three tracker athlete. He catches an edge after sliding thru an icy spot on the hill. He falls on his one arm very hard on the elbow.(elbow displaced possible anterior shoulder displacement. You are acting as the guide skiing above the skier and his teacher. You rush to the scene.
3. An adaptive athlete (spina bifida) is on a monoski and falls sideways on his left side (outrigger – pin came out of ski attachment) and lying sideways on the hill. The temperature is 25degrees and 10mph winds. Skier does have a tube from back of lower skull to his chest area. He tells you of necessary precautions.
4. A young adaptive skier (Down syndrome) is skiing with his guide on a beginner run and another skier cuts in front of him scarring him and falls down on his side. He is laughing but does not want to move or get up. You are summoned to the scene. (possible twisted right knee)
5. An adaptive athlete(ex= marine with an artificial leg attached at knee and is a four tracker is skiing down a steep hill and another skier comes across in front of him – turning to avoid the skier he hits a mogul on the side of the run and flips over and slides legs first into the ski tower. He is in a lot of pain with the amputated leg. (Fracture of the femur). You are called to the scene.